

**Oesophagoscopy with Balloon Dilation**

**Prior to the procedure,** do not eat or drink for four hours if possible. If you are on special medications that need to be taken, please talk to the Doctor about taking these.

**After your procedure,** you can first try sips of water and if comfortable with water then try soft food. You may experience some discomfort swallowing initially then it will subside within 24hours. If you notice any swelling in the neck, a 'bubbly' feeling in the skin of the neck area, fever or excessive pain on swallowing then go directly to the nearest Accident & Emergency clinic. Other diet advice will be given by the Doctor.

**You may begin eating & drinking from <time to begin eating and drinking>**

If you experience any of the following symptoms you must **IMMEDIATELY** go the Emergency Department at your nearest Hospital.

* Chest pain
* Shoulder pain
* Fever
* Neck pain
* Neck Swelling or a 'bubbly' feeling in the skin around the neck

If you have any concerns after your procedure, please contact the following:

* Auckland ENT Group on 09 522 2226
* Your Family Doctor / GP
* After hours – 24 Hour Medical Centre